

Title:	Transformation Plan for Children and Young People’s Mental Health and Emotional Wellbeing
Date:	5 September 2019
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Purpose of this report:

To provide a brief update for the Health and Wellbeing Board on the 2019/20 refresh of the Buckinghamshire Transformation Plan for Children and Young People’s Mental Health and Emotional Wellbeing.

Summary of main issues:

‘Futures in Mind’, published by government in 2015, proposed that local areas should produce and publish a Transformation Plan for Children and Young People’s Mental Health and Wellbeing. Plans should articulate the local offer and cover the whole spectrum of services for children and young people’s mental health and wellbeing from health promotion and prevention work, to support and interventions for children and young people who have existing or emerging mental health problems, as well as transitions between services.

Futures in Mind anticipated that the lead commissioner would draw up local plans, working closely with Health and Wellbeing Board partners including local authorities. It also set out a number of other requirements, including that there should be an annual declaration of current investment and the needs of the local population with regards to the full range of provision for children and young people’s mental health and wellbeing.

To support the ambition for transformation set out in ‘Futures in Mind’, NHS England committed to prioritising the further investment within mental health services, and since 2015 transformation funding has provided an additional £1,665,426 for investment into the Buckinghamshire CAMHS service.

The Buckinghamshire Transformation Plan was first published in 2015. The original plan reflected that children and young people’s mental health services in Buckinghamshire had just been recommissioned (new service model started 1st October 2015 – 5 year contract awarded to Oxford Health Foundation Trust in partnership with Barnardo’s and Beat), with the new model reflecting many of the themes identified through ‘Futures in Mind’. The service is commissioned as an integrated service under section 75 arrangements (pooled budget) between Buckinghamshire Clinical Commissioning Group (CCG) and Buckinghamshire County Council (BCC).

Annual updates to the Transformation Plan were completed for 2016/17, 2017/18 and 2018/29 in line with the expectation of ‘Futures in Mind’ and the 2019/20 update is currently being finalised ahead of publication at the end of October. The update has been written in partnership with Oxford Health and other stakeholders and takes account of feedback from service users and their families.

Draft priorities set out in the refreshed plan are:

Outreach to vulnerable young people where there are particular identified health inequalities – particular focus on young carers, transgender community and the Black and Minority Ethnic (BAME) community.

- Work with system partners to establish how to utilise existing community links to improve access.
- Review internal pathways to ensure that they are easily accessible for vulnerable groups of young people.
- Establish a link worker post for BAME and young carers within the CAMHS single point of access.
- Outreach and build links within the BAME community to reduce stigma and increase awareness of mental health.

Increase access to NHS commissioned service

- Work with Integrated Care Partners (ICP) to maximise delivery of low to moderate mental health interventions for young people within schools; further developing a collaborative system wide approach to support the mental wellbeing of young people.
- Ensure sustainability of waiting time standard of 90% referral to assessment (RTA) within 4 weeks.
- Further expansion of technology based counselling interventions via mobile, desktop and tablet mediums to ensure young people have the opportunity to engage with services in a variety of ways.
- Delivery of 34% access of Buckinghamshire's CYP estimated mental health population prevalence in line with national ambition for 19/20.

Continue to embed whole system working to ensure services work together to meet the mental health needs of this group of children and young people

- Embed positive behaviour support for children that exhibit challenging behaviour in the context of poor mental health for those with a learning disability.
- Continue to develop work on Transitions to consider the mental health needs of young people when moving between services. Consider the appointment of a dedicated transition navigator.
- Develop network to support the mental health needs of those not in education, employment or training (NEET) and for those not attending a school through home education or absentees.
- Further integration of CAMHS workers within children's social care pathways.

Demonstrating improvements in children and young people's mental wellbeing through delivery of commissioned services

- Developing and embedding evidence based framework that demonstrates the therapeutic outcomes achieved by young people as a result of CAMHS intervention.
- Use of routine outcome measures (ROMS) and Revised Children's Anxiety and Depression Scale (RCADS) to show improvement in CYP mental health and wellbeing.
- Utilising NHSE transformation funding to pilot 4 week wait referral to treatment (RTT) for CYP in Getting Help and Getting More Help pathways; reducing wait times and improving quality of care.
- Ensuring that we continue to utilise patient insight in commissioning and enhancing delivery of services via Article 12 (CYP engagement group) and Parent Advisory Group (PAG). Current focus on mental health support teams in schools.

Next steps

The draft will be shared with the Health and Wellbeing Board, Children's Partnership Board and Safeguarding Children Board ahead of submission to NHSE in October 2019. Sign off of the plan is through the Integrated Commissioning Executive Team (ICET) which includes senior representatives from both the Local Authority and the CCG.

Recommendation for the Health and Wellbeing Board:

- To note the annual refresh and comment on draft priorities
- To note the plans for sign off and publication

Background documents: Buckinghamshire Transformation Plan for Children and Young People's Mental Health and Emotional Wellbeing 2015 – 2019.

https://www.buckinghamshireccg.nhs.uk/wp-content/uploads/2019/01/CAMHS-Transformation-Plan_v5.pdf